

the Corona effect

your soul is the most intimate part of you, and it isn't found by running away. the spiritual effect of the COVID-19 outbreak cannot be neglected.

in a time of crisis, the impulse is to give into fear, concern and panic, which will engender an epidemic of soul sickness.

physically

The physical response came first, and by now everyone knows about self-isolation, social distancing and testing.

3 levels of response

mentally

The second effect, on our psyches, is being experienced personally but with only fitful answers and advice. The best advice in the mental area is meditation and yoga, relaxation techniques and paying attention every day to finding not just relaxation but joy and comfort in your life.

The virus makes the need for a positive psychological response more urgent, and the good news is that meditation and yoga are good for antistress, which is connected to a strong immune response.

spiritually

It is the third area, the spiritual effect of the outbreak, that is being neglected, even though the presence of death, whether we want it to or not, evokes concern about the state of our souls. Spiritual well-being is alien to many people's daily lives, and with the decline of organized religion, millions of people experience a sick soul, however you want to define it – weariness of heart, existential dread, a sinking feeling that nothing really matters – without finding a way out.



the design concept

during lockdown and isolation people find themselves alone, with their partner or family/friends, and these are jarring times that causes conflict, frustration, anger, heartbreak etc. but a necessary occurence to rediscover new goals, a way of thinking, passion, motivation and purpose in life.

you

we are spiritual beings and connected to others, for some this might be a very difficult time not being able to physically be in the same space as others to respond to the lockdown and isolation in a healthy way.

3 types of lockdown & isolation

you & your partner

work life has been demanding alot of time from our lives and the cause of this is a lack of quality time with our partners.

all of a sudden we have an abundant amount of time with our partners and they seem to be strangers due to the time that has been dedicated to careers and work. this can be good and bad. it is good to catch up and get up to date to where the relationship is going or bad as this person seems to be completely different to who you have met in the beginning and realise it is time to move on.

you & family/friends

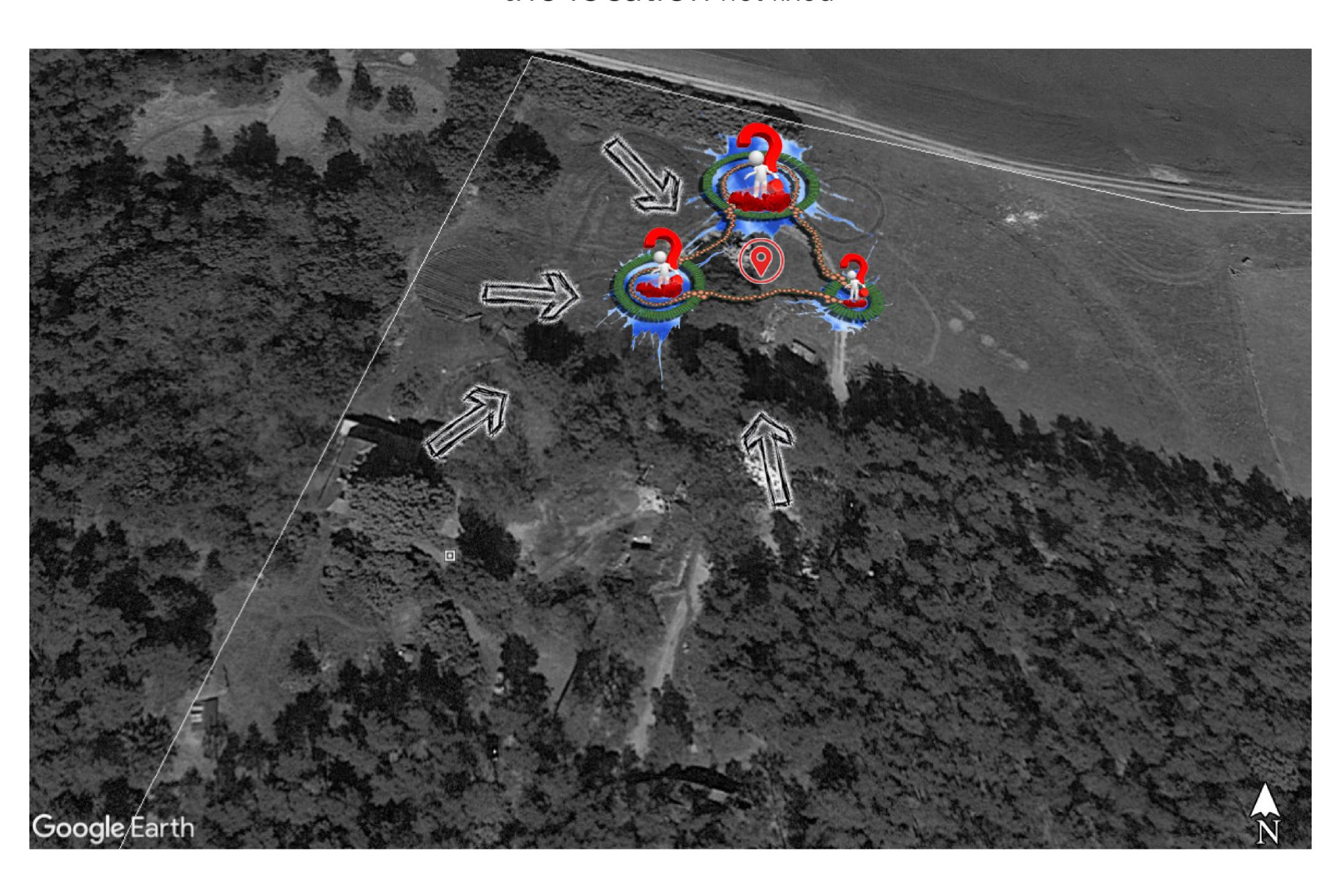
some family members have isolated together during the lockdown. if family have not seen each other often and have to isolate together it might have some tense moments and irritation. when family start to pursue their dreams outside of home new versions of themselves arise and old parts disappear. this can be an amazing time for growth and getting to know new versions of each other. rediscovery can strengthen existing relationships.



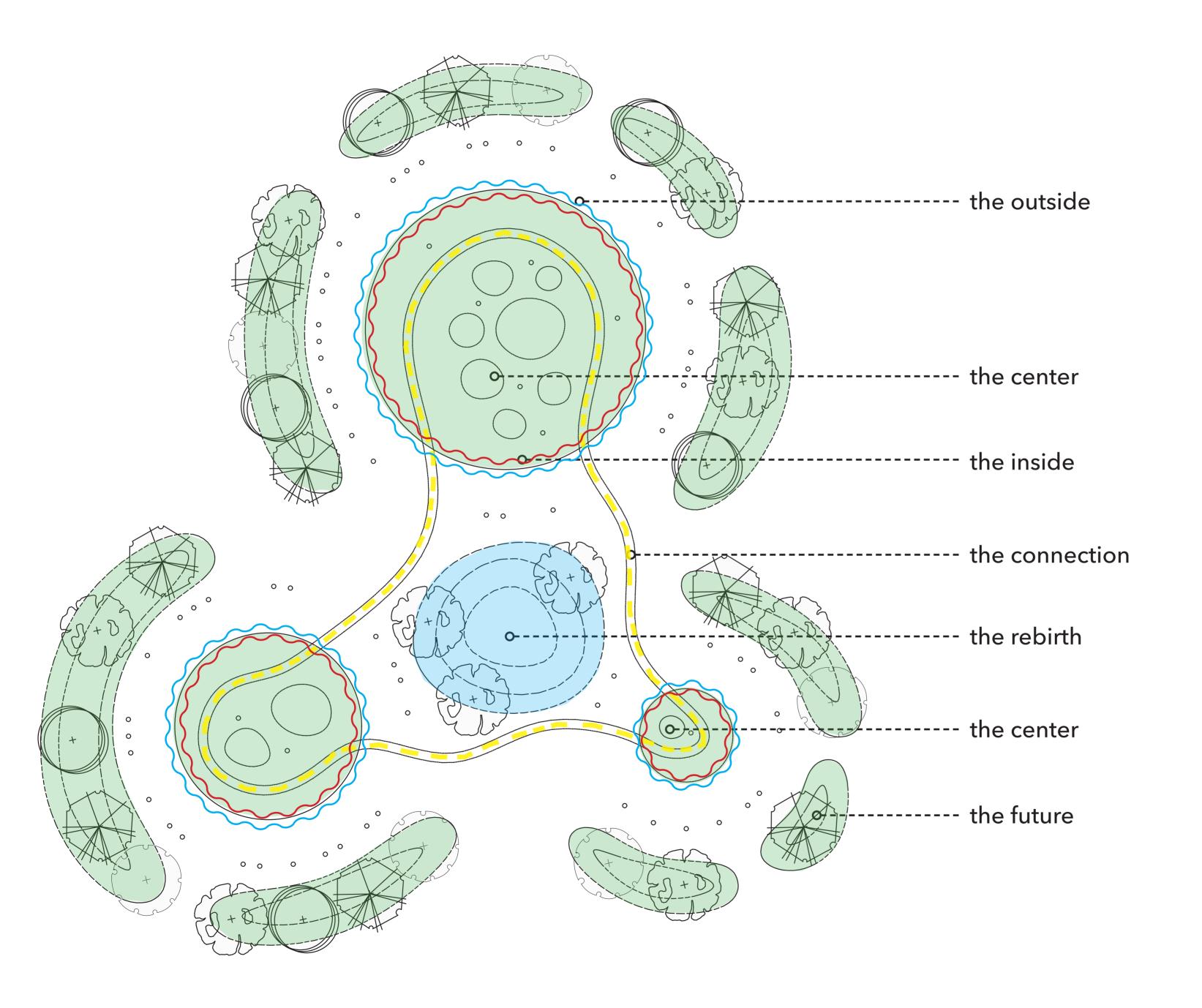




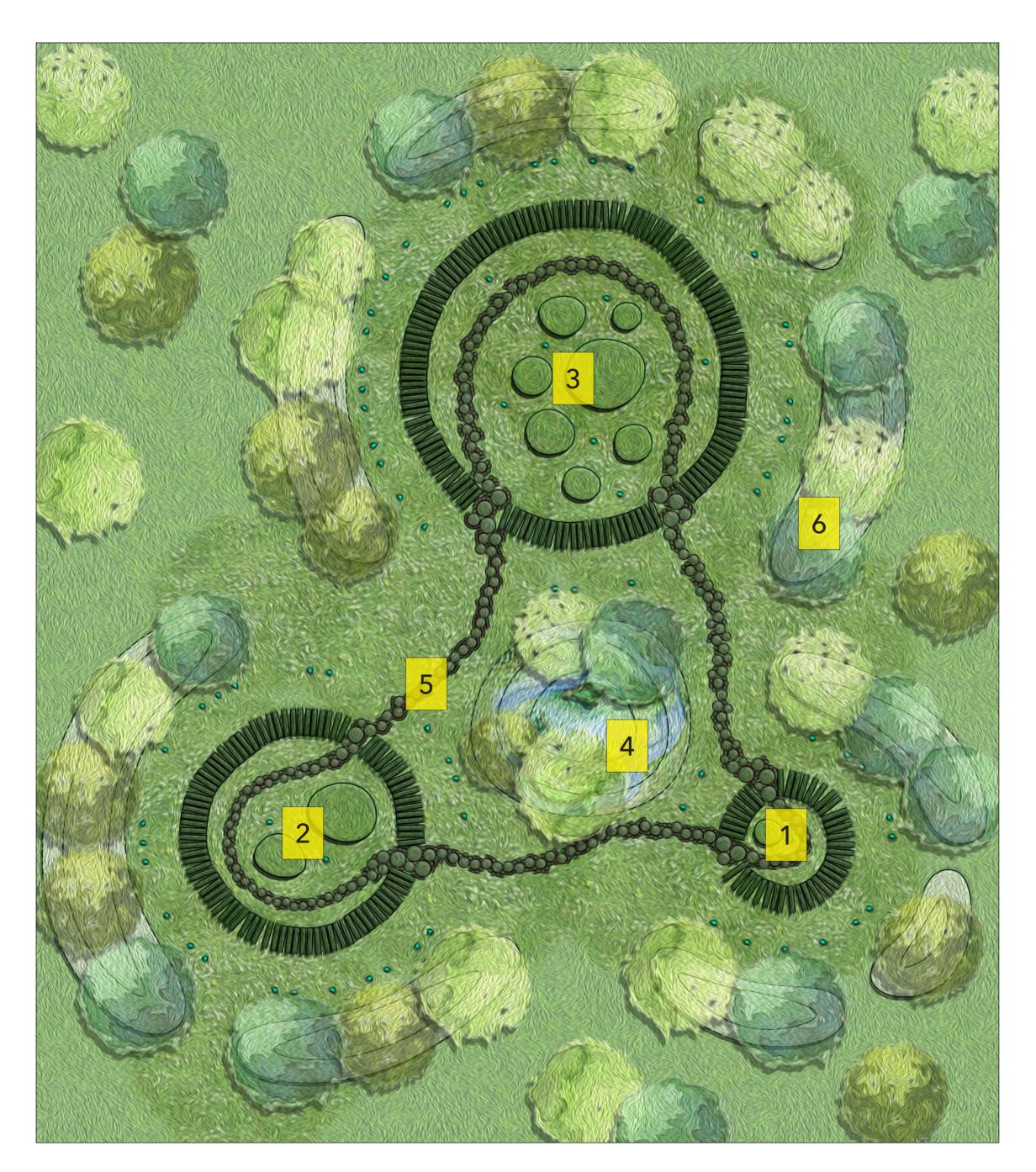
the location not fixed



the zones



the plan explanation



1. you

are in a confined space, isolated from others for an unknown time. initially being able to do all the things you want to do before the pandemic has arrived, but soon after... too much of a good thing is not always so good. reflection and introspection start to take place and the subconscious starts to reveal itself.

when life keeps you busy you do not make time for your mind which is essential in unpredicatble times like this. the landart space is for individuals to let go of the thoughts, to become still and meditate and to become aware of thoughts that linger and influence your daily life.

the space should help you to cleanse your mind from all that is not good for your spiritual and physical well being.

2. you & your partner

isolate together. if you have been missing quality time with each other due to the demanding stresses of life, now is the time to make the most of the time together. as we are all our own universe, so is someone else. the depth of humans varies from person to person, you only get into the deeper parts of someone when times are testing and difficult, we should use these times as a means of growing together. during corona the thing people want most is to be seen and heard and if we can be there for each other during this, we will all come out stronger and more connected and realise how superficial some interactions are. this allows us to change it into something more fruitful and meaningful.

3. you & your family/friends

isolate together. the people that we did not choose and also the people that we chose to be surrounded with. as individuals with dreams and aspirations we all change and hopefully become better versions of ourselves. this growth happens daily, monthly and annually. when you are not surrounded by these loved ones they don't necessarily get to grow with you and you might become a stranger in some odd way. the pandemic has provided the golden opportunity to check in with each other and enjoy these new conversations and versions of each other. we know life is short and we get distracted by life in many ways, we are reminded of this by a pandemic. collective anxiety, stress, depression is bound to happen but this can be used as a tool to reveal what has been hindering our progress and growth in life.

4. the rebirth

this too shall pass. we are not immune to any disaster in life. we adapt, change and hopefully learn from testing times and environments. endurance and resilience is in our very nature, these characteristics allow for change and growth, it never stays the same and is ever changing. change is the only constant.

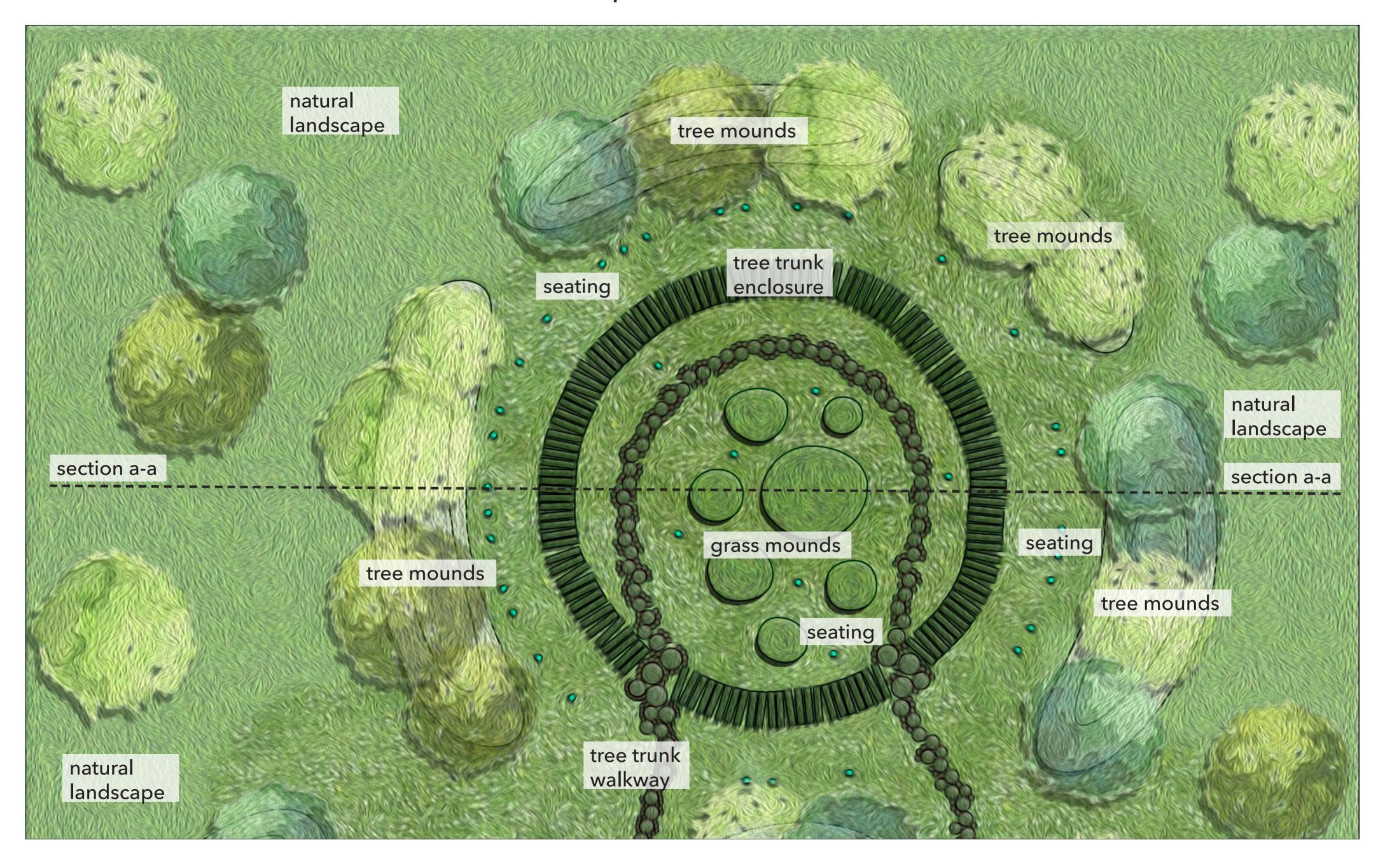
5. the connection

we are all one. we are a community, we help each other when in need. we march, we protest, we support and we listen when there is a crisis and a cry for help. we need to realise that we are stronger together than when we are apart. connection is the common thread in all communities and that thread should be weaved into ALL communities to create collective strength.

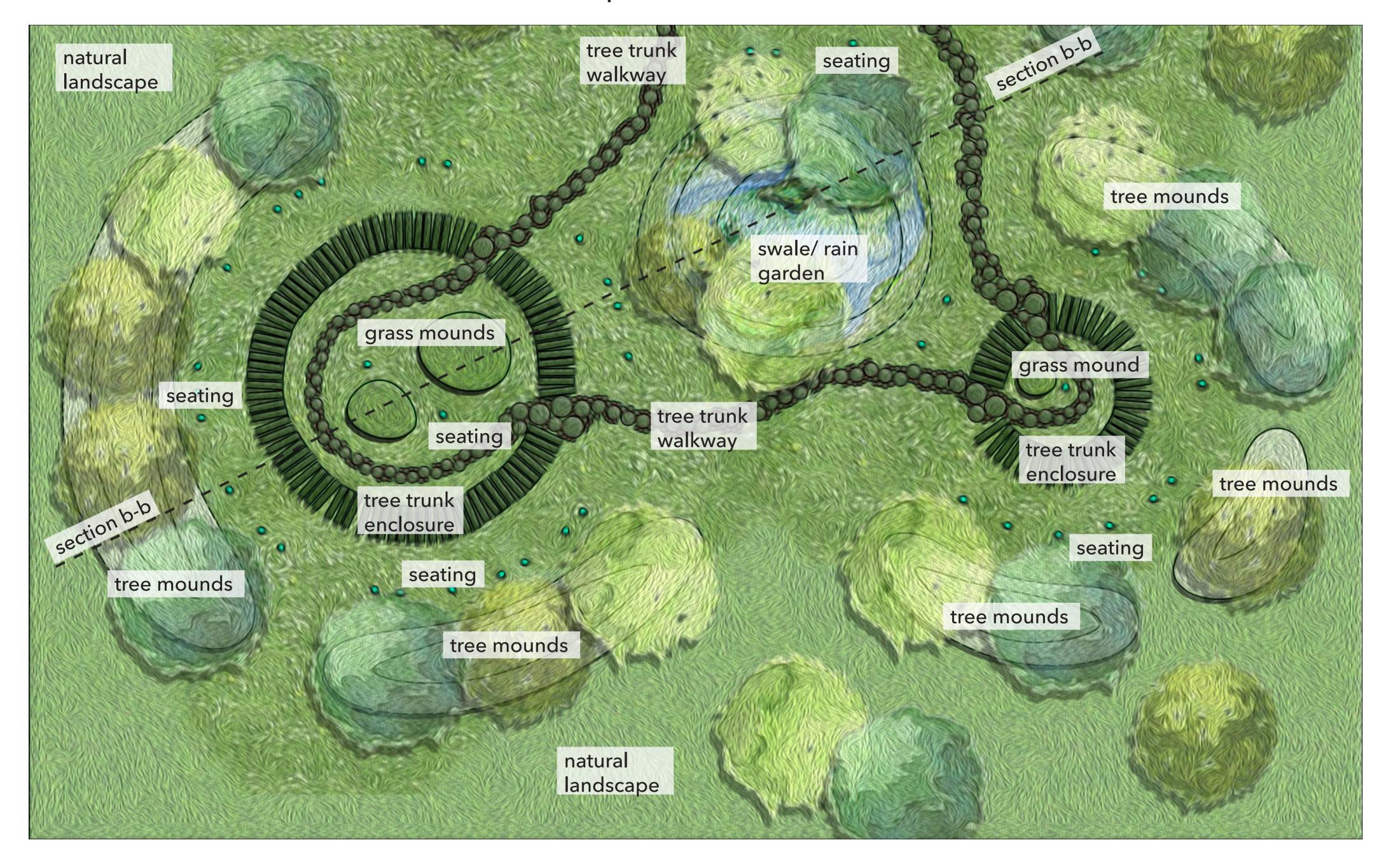
6. the future

the sun will shine again tomorrow. let us look at the glass half full and not half empty, it is not always easy but hope can instill an attitude of gratitude and gratitude can be a lighthouse to others who can reflect that back to you. look up and look forward.

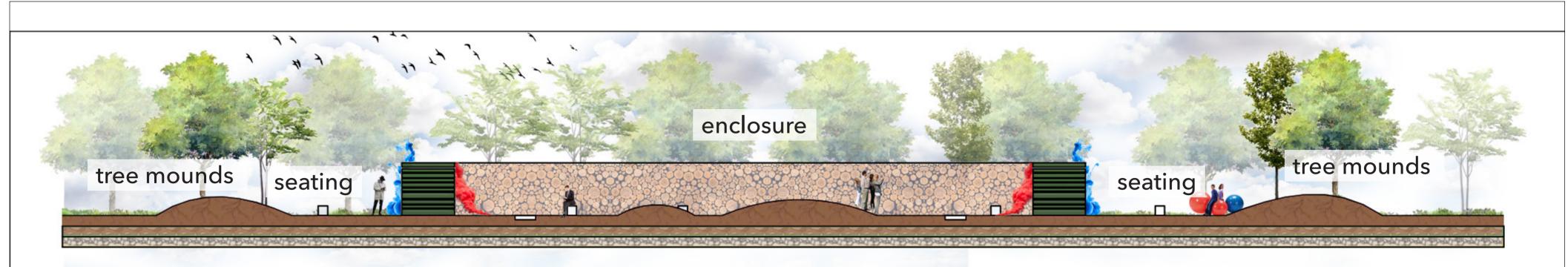
the plan zoom in area

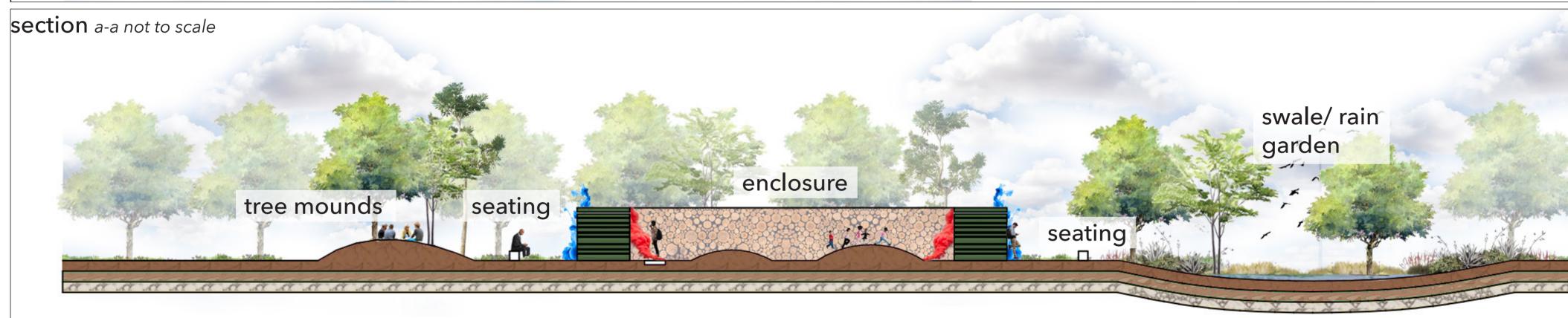


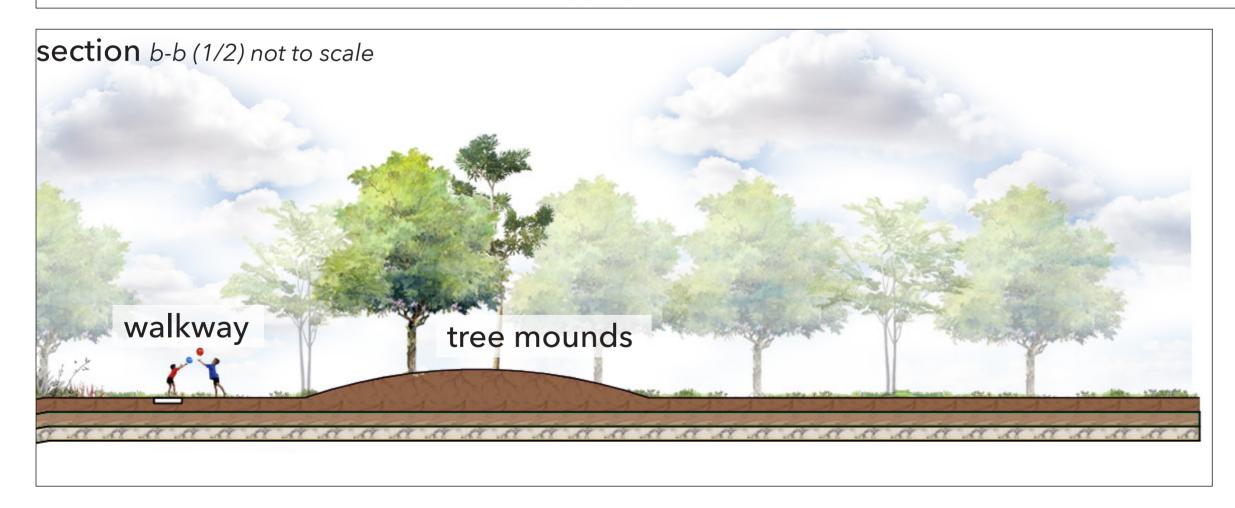
the plan zoom in area



sectional elevations







section b-b (2/2) not to scale

the materials/textures



tree trunk walkway

natural rocks swale/ rain garden

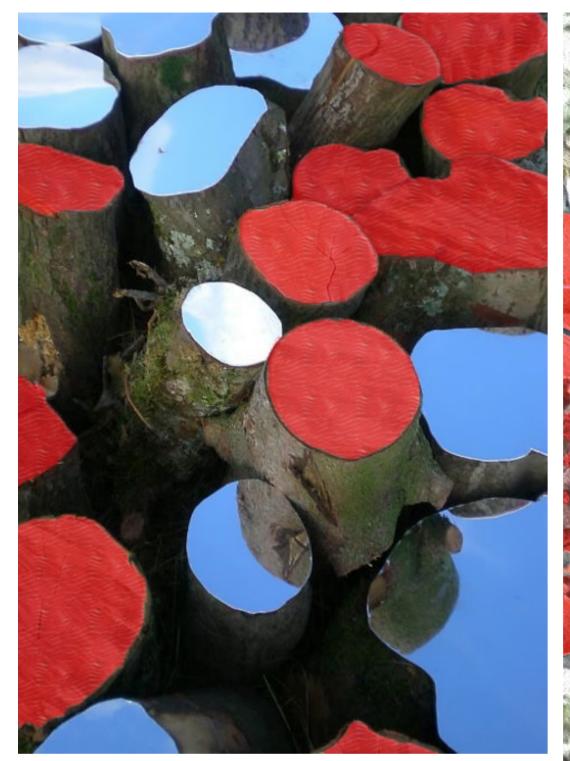
natural landscape floor

natural planting

colorful trees

3 colors feature areas

the inside





materials

the edges of the wood are painted red, with a mirror fixed to some. When the mirrors get dirty it is symbolic as the systems and structures of the outer world covers who we are, the process of growth and rediscovery is constant and something that should be dealt with individually.

red; symbolizes passionate love, seduction, violence, danger, anger, adventure. various feelings and emotions has been revealed inside of us by the pandemic. since we are in isolation and lockdown, the mirror symbolizes looking at our reflection as well as these emotions and doing the necessary to resolve it to reveal the authentic hidden self.



feeling

isolation & lockdown.

a new normal has been established, the fear of the unkown and unpredicatbility of the pandemic and the impact it has on our physical and mental health.

all forms of outdoor activities and exercise facilities have been closed to prevent the spread of the virus. this inspired homeworkouts but soon after demotivation kicked in. people enjoy the social interaction and group gatherings of exercising and now staying active and keeping the happy hormones flowing has become a difficult task during the pandemic.

the outside





materials

the edges of the wood are painted in blue. looking from the outside to the problem, seperating the self from the world to gain perspective. soil with a planting medium should be stacked, if these get watered through rain, plants will be the new surprise addition to the stacked wood. over time it will create an inconceivable structure.

blue; symbolizes depth, stability, wisdom, faith, truth and heaven. beneficial to the mind and body. produces a calming effect and slows down human metabolism.

feeling

social distancing. the ease of lockdown restrictions give a sense of relief and hope.

connection with others is possible after a time of isolation that had no expiry date. the appreciation of connection and interaction is on a new level. the exchange of thoughts during the pandemic is a way of collective growth and empathy towards each other as well as nature. during this time it had a positive impact on the environment.

the question now is, was the time for inner reflection a necessity for us as a human species? death is inevitable but dying should not be self induced, it is a part of nature, the very same nature we are killing to ensure a living.

the center









earth mounds covered in lawn. over time seeds from rain, insects and birds will germinate in these areas and create a different cover/ carpet.

change is the only constant.

green; symbolizes growth, harmony, freshness. we are always in a state of rediscovering who we are especially during difficult times, peeling away the bad testing times reveal.



feeling

the solution to our state of mind is within us, this is discovered or achieved by means of self reflection, meditation, introspection during hardship and difficult times, with or without family /partner or alone.

the lawn mounds represent you, and others. how it changes from season to season is symbolic of how we change during hard times or a pandemic, as we are currently dealing with.

mood images, pre- and during corona stasis



tree mounds

trees are planted on top of mounds, the height is according to the setting out plan. the mounds are symbolic, when you sit in front or under them, you or anyone else as the observer look up and admire the effortless beauty of nature. look up and look forward to the future and all of the possibilities thereof.

trees; represent life. trees to be used for the mounds:

oak, The "king of trees". The oak symbolizes wisdom, strength and longevity.

maple, Strength, intelligence, beauty, adaptive.
willow, Nature, fertility, life, balance, learning, harmony. Its wood has been used in ceremonies honoring the

enhancement of mental ability.

dogwood, Loyalty, Safety, Determination.





swale/ rain garden

harvesting runoff during the rain season. water represents life, symbolizes a purification of the soul, a new beginning. corona will pass like any other pandemic has passed and a new way of living will emerge.

rain gardens; a water quality practice in which plants and soils remove pollutants from stormwater naturally. A recessed area in the landscape.



whether you are in a good space or a reflective space, we are all connected, when alot of people are in a good space it increases the feel good hormone during a reflective space and can help others move past struggles and hard times. We can and should learn from each other.

wooden steps/ribbon; wood is a material that allows a spiritual connection between people and The Divine. It usually symbolizes longevity, wisdom and knowledge.



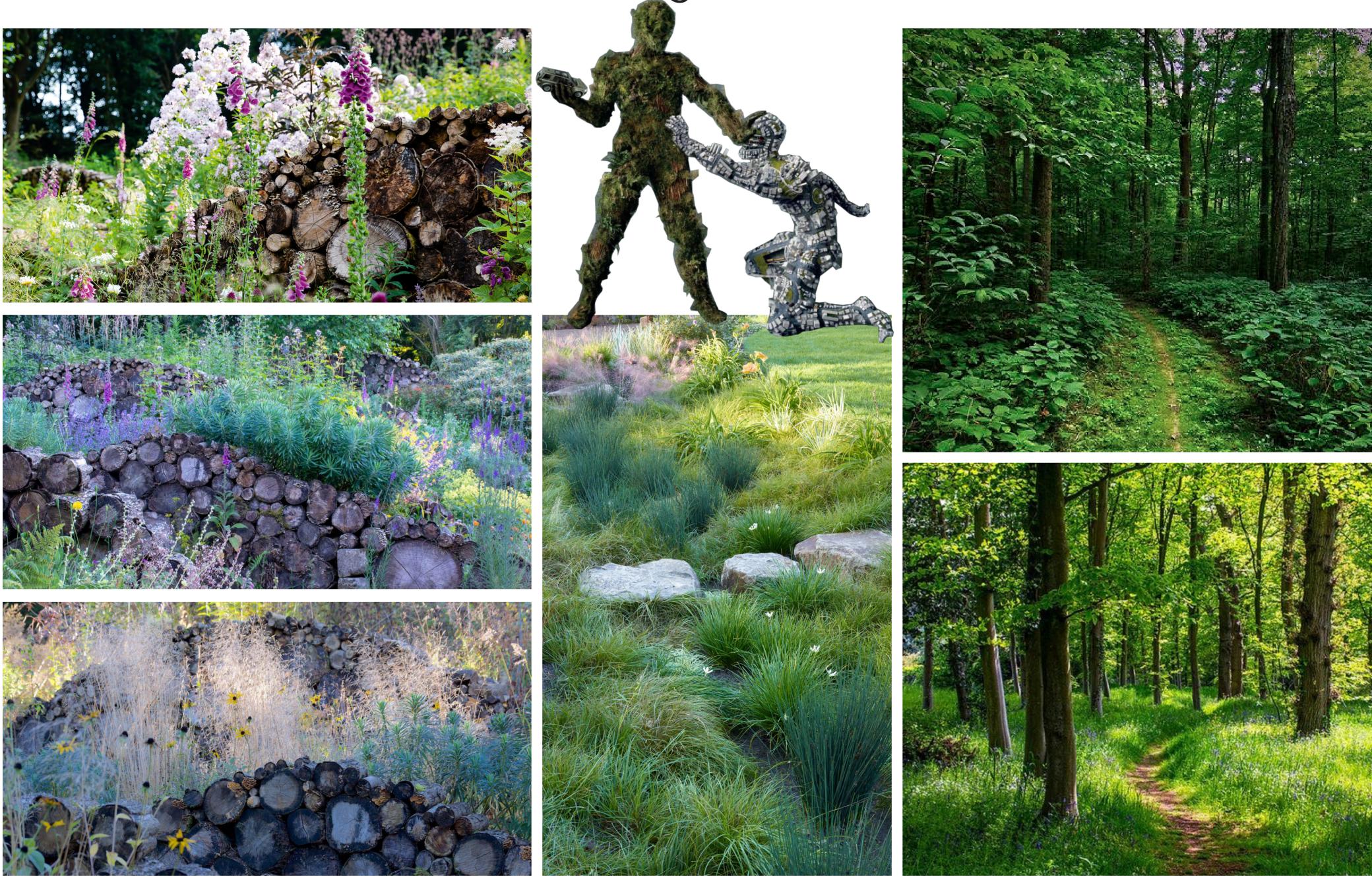


seating

a moment of stillness. take control of your thoughts when you are alone, share thoughts when you are with others. placement of seating is in relation to social distance regulations, minimum 1500 mm apart. the use of wood as a natural material, as wood allows a spiritual connection between people.

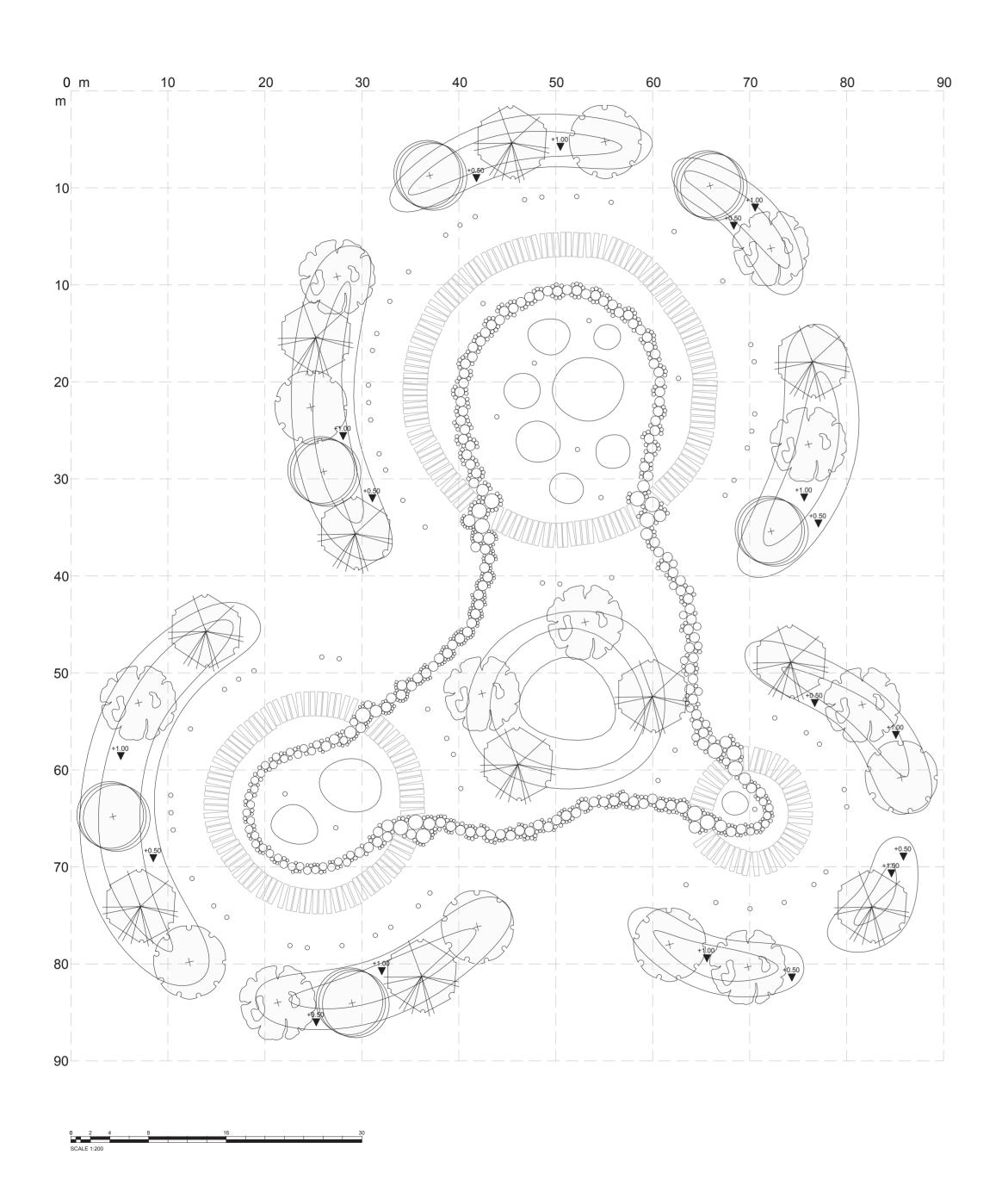
white; represents a successful beginning. An inherently positive color associated with heaven, safety, illumination, spirituality, humility and protection.

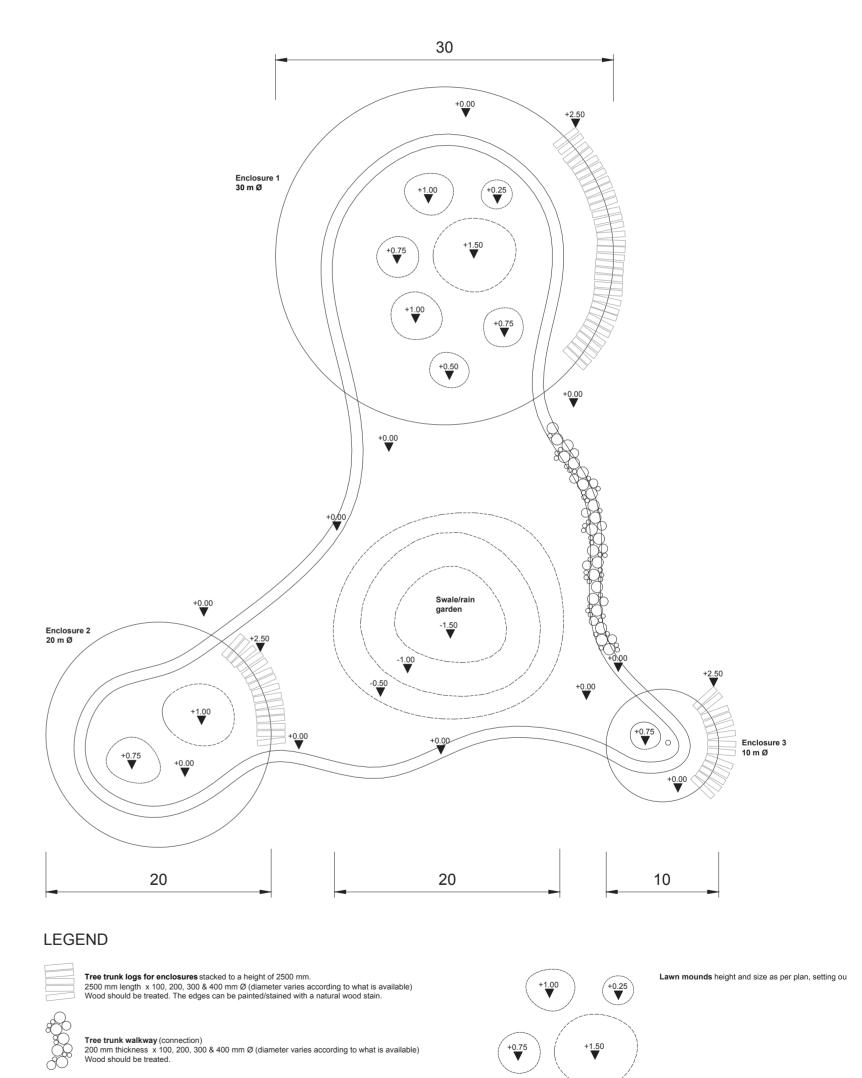
mood images post corona stasis



the outside & inside swale/ rain garden the connection

technical see A0 size plan attached





O Seating
Tree trunk log 450 mm height x 450 mm Ø, with bio degradable white painted top (reference images in presentation), placement min. 1500 mm apart (social distancing requirement).

NOTEThe location of the LANDART design can be placed where there is sufficient space OR it can be adapted to one enclosure by removing the other 2 enclosures and keep the remaining designed proposal. It is a flexible design.

thank you